More than two years ago I wrote in Physician Focus about Saint Alphonsus’ journey into clinical integration. At that time, I said that the possible development of an accountable care organization would be in the undefined future of the Saint Alphonsus Health Alliance that was just forming. Well, that future is arriving in 2015.

In July 2014, Saint Alphonsus will submit to the Centers for Medicare and Medicaid Services its application for an accountable care organization (ACO) or a Medicare shared savings program. The Saint Alphonsus ACO, Health Alliance Integrated Care, LLC, will include the Saint Alphonsus Medical Group (SAMG) and other members of the Saint Alphonsus Health Alliance who wish to join. The intent is not to exclude any non-SAMG Alliance member, but recognizes that current ACO regulations require that primary care providers commit to a single ACO, a regulation that does not pertain to specialty care physicians. In keeping with the Saint Alphonsus commitment to support independent physicians, Saint Alphonsus would not want to compel any primary care provider outside of SAMG to be in the Health Alliance Integrated Care ACO. Importantly, the development of the Health Alliance Integrated Care does not mean that the Alliance will become an ACO. Instead, the Health Alliance Integrated Care ACO is separate from the Alliance, but will be managed by the Alliance leadership and staff. Non-SAMG specialty or primary care physicians who are members of the Alliance and wish to join the Health Alliance Integrated Care ACO

continued on page 2
Population Health Management—
One Patient at a Time

The transformation of health care is intentionally meant to accomplish what is widely called "The Triple Aim": Improving population health, improving the patient’s experience of care, and reducing costs in the process. Successful achievement of these goals brings us to the value equation whereby value is defined by the desired relationship between high quality and low cost (Value=Quality/Cost). It is on this value basis that limited health care expenditures will be allocated as we continue on this transformational journey.

So what are some of the necessary steps and strategies that will "speed us to value" and result in measurable improvement in population health? There are three transformational waves and timelines that will reshape the healthcare market place of the future: 1. Patient-centered care (2010-2016), 2. Consumer engagement (2014-2020), and 3. The Science of prevention (2018-2025).³

In focusing on patient-centered care, we move from a provider centered, isolated, case by case sick care model that limits accessibility, relies on patient and procedure turnover volume and results in unwarranted variability to a new world of demonstrated value. This would be welcome.

For SAMG providers, inclusion in the Health Alliance Integrated Care will not change operations, patient relationships, processes, or current compensation commitments. Indeed, like other clinically integrated payor contracts, the new ACO may bring additional compensation opportunities to SAMG and other ACO member providers in the future. Traditional Medicare recipients who have SAMG and or ACO member providers would be included in the new ACO. Medicare Advantage patients would not be managed through the ACO. For the past three years, SAMG and the Alliance have been building the infrastructure to measure and manage clinical quality and cost, particularly in the ambulatory domain, as is required to perform successfully in a clinically integrated environment and a Medicare Shared Saving Program. The required quality and cost management competencies are largely the same for clinical integration and an ACO.

The Health Alliance Integrated Care will be governed by a board composed of SAMG physicians, Saint Alphonsus Health System leadership, and a community member who is a Medicare recipient but not employed by, or on the board of, a Saint Alphonsus entity. Dr. David Gough, President of the Alliance, will serve as president of the new ACO. The new ACO plans to start service to Medicare recipients in January 2015. Should you have questions about the Health Alliance Integrated Care, please contact Dr. Gough at 367-2417.

Patient engagement is key as the second wave of transformation unfolds. Here the uninformed, isolated individual with limited engagement, absent consequences of lifestyle choices, and who relies on provider opinion within a bricks and mortar environment moves to a new era. The consumer here is sharing in informed decisions, highly engaged and empowered, socially connected, financially incented, and navigating in a virtual/mobile health care marketplace at any time and from any place.

The third wave moves us from basic health management to a genome-linked "life plan". The emphasis on symptom treatment is replaced by ongoing monitoring and prevention. A "one size fits all" mentality of health care delivery becomes personalized models of care. Limited biomarkers that aid in diagnostic possibilities evolve to 100% accurate diagnostic testing. Pharmaceuticals will advance from shotgun approaches to tailored gene and microbiome therapies.

Many of you have "HONDA’s" in your practice.² This acronym describes the hypertensive, obese, noncompliant, diabetic, asthmatic patient! Currently, the top 20% of the costliest patients account for 80% of the health care spend. The top 1% are tied to 20% of that same spend. There are currently an estimated two million-plus HONDA’s in the U.S. with that number expected to more than double in the next eight years. Specific drug therapies designed to treat these patients will comprise the fastest growing and

continued on page 3
highest selling drugs on the market through 2019. As a truly transformative health care industry, we will need to assure necessary deployment of all resources that address the entire population to include our HONDA’s. Managing a population is first identifying areas of risk within that population, identifying specific individuals at risk and then engaging them in “high touch” and/or “high tech” approaches. The goals here are first to identify those at risk of disease before it develops then proactively engaging them in wellness behavior, and second to identify those with active disease and then manage them aggressively with tailored therapies.

A highly performing Clinically Integrated Network will have in place all of the necessary elements of population health management capability as discussed above, plus the glue of “Big Data” that holds it all together. The right IT/data architecture that supports a variety of data feeds and platforms, moves us to a common EHR, connects “anyone to anyone”, and enables both real time and predictive analytics will be the winner in the new health care marketplace. Finally, the greatest challenge facing us is in transforming the way WE think about our roles in bringing measurable value. Embracing the culture that understands and delivers on value-base wellness and care delivery will take us from “The Triple Aim” to the “Mission Accomplished” society that is healthier, whose members feel valued by us, and whose health care spend does not threaten the economic health of our next generations.

MISSION

We, Saint Alphonsus and CHE Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities.

CORE VALUES

REVERENCE
We honor the sacredness and dignity of every person.

COMMITMENT TO THOSE WHO ARE POOR
We stand with and serve those who are poor, especially those most vulnerable.

JUSTICE
We foster right relationships to promote the common good, including sustainability of Earth.

STEWARDSHIP
We honor our heritage and hold ourselves accountable for the human, financial and natural resources entrusted to our care.

INTEGRITY
We are faithful to who we say we are.
CHARACTERISTICS:

Cyclosporiasis is an intestinal illness caused by the microscopic parasite *Cyclospora cayetanensis*. *Cyclospora cayetanensis* is a sporulating coccidian protozoan: a single-celled protozoal parasite. *Cyclospora* infects the small intestine, and usually causes watery diarrhea with frequent, sometimes explosive bowel movements. Other symptoms can include loss of appetite, substantial weight loss, bloating, increased gas, stomach cramps, nausea, muscle aches, and fatigue. Vomiting and a low-grade fever are less common symptoms. Some people with Cyclosporiasis do not show any symptoms. People who have previously been infected with *Cyclospora* can become infected again. Most *Cyclospora* infections have occurred in healthy children and adults. Prolonged diarrhea can occur in immunocompromised people such as those with HIV and/or AIDS. Women are more likely to be infected than men due to food consumption selection choices.

Diagnosis of this organism typically require stool samples to be sent to a Reference or State Health Department laboratory as specialized laboratory techniques are necessary for optimal identification. *Cyclospora* is similar to *Cryptosporidium* species because they both protozoal organisms that cause infectious diarrhea; but different with the distinction of the oocytes of *Cyclospora* are twice the size of *Cryptosporidium*. This distinction is an important feature in laboratory diagnostics.

EPIDEMIOLOGY:

Worldwide. Endemic in many developing countries. Recent outbreaks have occurred in the U.S. and involved different fresh produce items from various source. Food items implicated in U.S. outbreaks of cyclosporiasis since the mid-1990s are fresh produce often served at social functions: fresh imported raspberries, basil, snow peas, and mesclun lettuce. No commercially canned or frozen produce has been involved. Cases can cluster in the spring and summer.

TRANSMISSION:

Foodborne or waterborne transmission occurs either through drinking or swimming in contaminated water, or through consumption of contaminated fresh fruits and vegetables. Fecal-oral route. Infection occurs by ingesting sporulated oocysts, which are the infective form of the *Cyclospora*. This occurs when food or water contaminated with feces from an infected person who has shed unsporulated (immature, non-infective) *Cyclospora* oocysts is consumed. The oocysts require days to weeks in favorable environmental conditions to sporulate and become infective. Direct person-to-person transmission is unlikely.

Practice good hygiene - EVERYWHERE.

Wash hands with soap and clean, running water for at least 20 seconds; rub your hands together to make a lather and be sure to scrub the backs of your hands, between your fingers, and under your nails.
**Clinical Relevance:**

The most important point for health care providers to realize about the diagnosis of *Cyclospora* infection is that stool specimens examined for ova and parasites usually are not examined for *Cyclospora* unless such testing is requested. Therefore, when evaluating persons with symptoms consistent with cyclosporiasis, specifically request testing for this parasite. If indicated, stool specimens also should be checked for other microbes that can cause a similar illness.

Another important point is that *Cyclospora* oocysts may be shed intermittently and at low levels, even by persons with profuse diarrhea. A single negative stool specimen does not exclude the diagnosis; several specimens—that are processed and examined with sensitive methods—may be required.

**Incubation Period:**

Average about 1 week; range 2 days to greater than 2 weeks.

**Survival Outside Host:**

Oocysts may survive days to weeks in a favorable environment.

**Prevention:**

Avoiding food or water that might have been contaminated with feces. Before consumption, wash produce thoroughly and dry with a paper towel to wipe away and residue that might be clinging after rinsing. *Cyclospora* is not likely to be killed by routine chemical disinfection or sanitizing methods such as chlorine or iodine. No vaccine for cyclosporiasis is available.

**Cyclospora Image Series**

Infected people shed unsporulated (non-infective; immature) *Cyclospora cayetanensis* oocysts in their stool; immature oocysts usually require at least 1 week under favorable laboratory conditions to sporulate (become infective). An unsporulated oocyst, with undifferentiated cytoplasm, is shown (far left), next to a sporulating oocyst that contains two immature sporocysts (A). An oocyst that was mechanically ruptured has released one of its two sporocysts (B). One free sporocyst is shown as well as two free sporozoites, the infective stage of the parasite (C).

Credit: CDC/DPDM

---


The information provided herein should not be used during any medical emergency or for the diagnosis or treatment of any medical condition. A licensed physician should be consulted for diagnosis and treatment of any and all medical conditions.

©2013 CareFusion Corporation or one of its subsidiaries. MedMined® services is a registered trademark of CareFusion Corporation. All rights reserved.
J. Antonio G. López, MD - Elected to the Board of Directors of the National Lipid Association and Receives Pacific Lipid Association Chapter President’s Service Award

Saint Alphonsus is pleased to announce that Dr. J. Antonio López was elected to the Board of Directors of the National Lipid Association (NLA) during the recent National Lipid Association Scientific Sessions in Orlando, Florida. His term will expire in 2017.

The National Lipid Association (NLA) is a nonprofit, multidisciplinary medical society focused on enhancing the practice of lipid management in clinical medicine. The NLA represents more than 3,500 members in the United States and provides continuing medical education for physicians and other healthcare professionals to advance professional development and attain certification in clinical lipidology.

In addition to his appointment to the national Board of Directors, Dr. López was also presented with the Pacific Lipid Association Chapter President’s Service Award “in recognition of outstanding service and dedication to the Pacific Lipid Association Chapter”.

Congratulations Dr. López on these two distinguished recognitions!

THE VOTES ARE IN!

2014 Best of Treasure Valley Winners Reveal Dr. Michael Coughlin as Best Surgeon - Dr. Shauna Williams follows with second place

Saint Alphonsus is proud to announce both Drs. Coughlin and Williams as being named the best surgeons in the Treasure Valley. The 2014 Best of Treasure Valley began a quarter-century ago by the Idaho Statesman. This year, more than 15,000 Idaho Statesman readers voted. In April and May, they made nominations to help create the ballots and later voted on the finalists.

Drs. Coughlin and Williams were among those winners revealed during the Best of Treasure Valley event held at Boise’s Egyptian Theatre on June 19. Congratulations on this well-deserved honor!
**SYSTEM NEWS**

**Introducing Biograph mCT PET-CT to You and Your Patients**

“With the addition of the new Siemens Biograph mCT PET-CT scanner to the Saint Alphonsus campus, patients will benefit not only from the enhanced accessibility to, and comfort offered by the equipment, but also significantly shortened scan times due to state-of-the-art technology.”

— Ian Davey, MD
Radiologist, Gem State Radiology

**BENEFITS TO THE PATIENT:**

- Improved patient experience through increased scan speeds, while using as little exposure as possible
- The generous 78cm bore provides a wider opening and more space; this proves beneficial for larger patients, and/or those patients that may be claustrophobic
- The table weight limit is 500lbs
- Anesthesia is available in the PET-CT suite for those patients in need of it, typically a subset of pediatric patients
- Developed for a wide variety of patients of different ages, sizes and physical conditions, the new PET-CT scanner has features that optimize patient comfort

**KEY IMAGING APPLICATIONS:**

- Improved detection and quantification of molecular process within the body
- Rapid and precise scanning, allowing for a lower radiation dose to the patient
- Advanced software applications enable accurate assessments of oncologic, neurologic and cardiologic conditions

- Improved tumor characterization, allowing for better staging and monitoring of disease
- Improved accuracy in the assessment of treatment response

**WHY BIOGRAPH MCT PET-CT:**

- Increased image quality with less noise for greater clarity
- Image clarity and scanning efficiency is ideal for expanding applications in neuroimaging and cardiac imaging

Whatever your specialty, you and your patients can benefit from PET-CT imaging performed at the Saint Alphonsus PET-CT Center.

For more information about PET-CT please contact the Saint Alphonsus PET department at (208) 954-8135.

---

**Neuroscience Institute Opens in Mulvaney Building**

Saint Alphonsus Health System is proud to announce the opening of the expanded Neuroscience Institute, located in the Mulvaney Building on the Saint Alphonsus campus in Boise. The institute will provide a range of expanded neurology services - including a Multiple Sclerosis Clinic, Memory Clinic, Stroke Clinic, and more.

Established more than 10 years ago, the Saint Alphonsus Neuroscience Institute provides specialty neurology care in one convenient location.
GUINEA PIGS? NEVER!!!

THINK THAT PATIENTS WHO PARTICIPATE IN CLINICAL RESEARCH TRIALS ARE GUINEA PIGS? Nothing could be further from the truth!

What You Need To Know About Clinical Research Trials

The truth is that Cancer Care Center patients who choose to participate in one of our many clinical research trials do this in addition to receiving the latest and most advanced standard of care.

Did you know that clinical trials are at the heart of all medical advances — looking at new ways to prevent, detect or treat disease? The availability of these clinical trials allows the Cancer Care Center oncologists (medical, radiation, and gynecologic) to treat patients with cutting edge therapy and treatments before they are widely available, and without the need to send them to Salt Lake City, Seattle, Portland, or elsewhere. Patients can remain here in the Treasure Valley, and receive the same therapy they would have received in a university setting, without having to leave the comfort of their home, family and friends.

It is also important to note that Saint Alphonsus offers the largest number of clinical trials in the Treasure Valley (over 100)! This is a tremendous advantage for our patients. You can be proud of the award-winning care provided by our Cancer Care Centers and the fact that they provide patients with access to the advanced therapies aimed at improving the quality of life for people with chronic illnesses.
Jed Snelson is a man known best as a loving father, husband, community leader, and local business owner. But Jed is also known as the man who loves the adrenaline of racing motocross. Nearly every weekend, the Snelson family – Jed’s wife Danielle, and their two kids – would travel far and wide to cheer Jed on as he raced his dirt bike against some of the best riders in the northwest. But just a few short months ago, the Snelson family’s life changed drastically during one of Jed’s motocross races.

In January of 2014, Jed’s race went seriously wrong when the front tire of his bike hit a hole on the track, throwing him violently to the ground.

Soon after Jed’s wreck, Danielle (not able to make the race that day) received an alarming phone message that informed her that her husband had been sent to the hospital. “All I knew was that my husband was hurt, and that he couldn’t feel his legs,” she said, “it was terrifying.”

Danielle, upon arriving at Saint Alphonsus Regional Medical Center, was told the extent of Jed’s injuries - he had been permanently paralyzed from the waist down. Jed had sustained major trauma from his wreck, and would require extensive surgery and rehabilitation.

During the two weeks Jed spent at Saint Alphonsus Regional Medical Center, Danielle rarely left his side. She later remembered that the intensive care unit nurse commended her unwavering devotion to her husband: “She knew it was uncomfortable for me to sleep there in the hospital room, but she also knew that I didn’t want to leave,” said Danielle. “That nurse stood out to me, because she was able to take care of me and my husband to make us more comfortable.”

As Jed continued to receive intensive care and neurological treatment, Danielle began to realize her own vital role in his recovery. “[The nursing and physical therapy staff] was giving me tips...like drying my husband’s toes because he couldn’t move them. They took the time to explain, and that meant a lot.”

After returning home from Saint Alphonsus, Jed and Danielle both expressed excitement about what the future holds, despite the challenges ahead. “I know that for a lot of people, something like this injury would be devastating,” said Jed. “All I can do is speak for my own personal feelings, and I’ve been excited.” Danielle echoes Jed’s feelings and they both see his injury as a way of rediscovering their purpose in life through their faith and their family.

Although the accident has changed the Snelson family’s way of life, they are certainly not viewing Jed’s paralysis as a setback. They bravely approach their new life as a journey, excited to see where it leads them. To learn more about Jed and the Snelson family, please visit www.gofundme.com/JedSnelsonrecovery.
I am pleased to share the recipients of the Physician Partnership Award given out in the last month. I invite you to nominate a colleague. Please stop by my office, or call 367-4049 to have Claire Bissell send you a nomination form. Please join me in congratulating and recognizing these physicians for the outstanding compassion, professionalism, and teamwork they display with patients and our Associates.

Thank you for all you do! - Rodney D. Reider, President

Physician Partnership Award Program
Honors three physicians

Dr. Christina Knutson
Obstetrics & Gynecology

Nominated for:
Exceptional Patient Care, Department Leadership, Quality/Safety Leadership, Clinical Leadership, and Physician Leadership/Teamwork

Nomination form stated:
Dr. Knutson has been the Medical Director for the Perinatal Patient Safety Initiative (PPSI) for the last several years, representing Boise and SAHS. She was also on the PPSI Steering Team through the system office and was recently recognized by the system office for her leadership and expertise at the system level. Working with the team of physicians at Boise and SAHS, she has brought about recognition of the Boise effort in the PPSI. She should be congratulated for her years of service both locally for the PPSI and nationally with CHE Trinity Health.

Dr. Dale Strawn
Trauma Surgeon

Nominated for:
Exceptional Patient Care, Clinical Leadership, Mission/Advocacy, and Physician Leadership/Teamwork

Nomination form stated:
Dr. Strawn has amazed clinical triumphs and kudos from his day-to-day staff and teams. But today, we honor him for his thoughtful presence and physician leadership in our hospital bioethics meetings. Furthermore, he has devoted much time and attention to our Schwartz Rounds forums. He volunteered to be on the Schwartz Rounds panels for both the 1/31/14 event, "Care Continuity for Organ Donation," and also the 2/28/14 event, "Family Wishes and Patient Autonomy." He gladly carved out time for preparation and participation, and brought a great heart and collaborative spirit to these events. Schwartz Rounds are a very special opportunity for dialogue on empathy and compassion that can help providers and staff feel valued and improve relationships with colleagues and patients. The multidisciplinary panel discusses the emotional side of caregiving, not to find solutions, but to improve communication, create psychological safety, and decrease feelings of caregiver isolation and stress. I appreciate Dr. Strawn’s commitment to this part of the work as much as I appreciate his medical skills! He is a leader in a growing a group of providers and staff who see the value and impact of participating in Schwartz Rounds.

Dr. John East
Critical Care, Pulmonary & Sleep Medicine

Nominated for:
Physician Leadership/Teamwork, Clinical Leadership, Department Leadership, Quality/Safety Leadership and Operational Leadership

Nomination form stated:
Physician leaders are often well-respected clinicians. However, not all well-respected clinicians make great physician leaders….in Dr. East’s case we scored both! Dr. East served as the department chair of General Medicine and did a fantastic job. He is truly engaged in encouraging physicians to have a voice in the operations and patient experience within the system. His leadership ability in running effective meetings, building consensus, and encouraging collaboration in addition to his clinical expertise is impressive and greatly appreciated.
Saint Alphonsus Medical Group is pleased to announce that Todd E. Zeigler, MD, began providing Orthopedic Trauma services effective April 21, 2014.

Dr. Zeigler is board certified through the American Board of Orthopaedic Surgery. He earned his medical degree from the University of Florida, graduating with honors. His residency was completed at the University of North Carolina in Chapel Hill, NC. He next completed a one-year fellowship at the Hughston Clinic where he received advanced training in fracture surgery and trauma reconstruction, sports medicine, arthroscopic surgery, knee and shoulder surgery and total joint replacement.

In 2010, Dr. Zeigler pursued further specialty training in orthopedic trauma concentrating on advanced techniques for pelvic and acetabular injuries. Dr. Zeigler brings 15 years of experience of caring for complicated orthopedic injuries in the metro-Atlanta area. His practice in Boise will focus on acute traumatic injuries, geriatric fractures, musculoskeletal infections, and post-traumatic reconstruction.

Dr. Zeigler is one of only two orthopedists in the state of Idaho to be accepted as a member to both the Orthopedic Trauma Association (OTA) and the American Orthopaedic Society for Sports Medicine (AOSSM). He is also a member of the American Academy of Orthopaedic Surgeons (AAOS) and an AO/ASIF Musculoskeletal Trauma Faculty member.

As the Director of Orthopedic Trauma for Saint Alphonsus Regional Medical Center, Dr. Zeigler will be working to ensure the best possible care for our regional trauma center. The alignment with Dr. Zeigler is a continuation of our efforts to build a seamless integrated delivery system of multi-specialty physicians at Saint Alphonsus Regional Medical Center.

Please join us in welcoming Dr. Zeigler
Saint Alphonsus Medical Group is pleased to announce that Craig M. Smith, MD, began providing Sports Medicine services effective May 1, 2014.

Dr. Smith is board certified in Family Medicine through the American Board of Family Practice. He earned his MS in Exercise Physiology through St. Cloud State University, St. Cloud, MN, and his medical degree through the University of North Dakota School of Medicine, Grand Forks, ND. His residency was completed at Sioux Falls Family Practice in Sioux Falls, SD. After finishing his residency in 1995, he went on to complete a one-year fellowship in Sports Medicine through Ohio State University, Columbus, OH.

Prior to coming to Saint Alphonsus, Dr. Smith served as the Medical Director of Sports Medicine at the Orthopedic Institute in Sioux Falls, SD. He also served as Team Physician for South Dakota State University, Brookings, SD.

He is a member of the American Medical Society for Sports Medicine (AMSSM), the American Academy of Family Physicians (AAFP) and the South Dakota Academy Family Physicians (SDAFP).

The alignment with Dr. Smith is a continuation of our efforts to build a seamless integrated delivery system of multi-specialty physicians at Saint Alphonsus Regional Medical Center.

Please join us in welcoming Dr. Smith
Welcome Robert Abram Swensen, DPM

ABRAM SWENSEN, DPM, SURGICAL PODIATRIST

Saint Alphonsus Medical Group is pleased to announce that Abe Swensen, DPM, began providing Podiatric services effective April 2014, in the SAMG Coughlin Clinic.

Dr. Swensen is licensed in Podiatric Medicine by the National Board of Podiatric Examiners and is board qualified through the American Board of Podiatric Surgery. He earned his medical degree from Ohio College of Podiatric Medicine, Cleveland, OH and completed his residency in general and surgical Podiatrics through the University Hospital, Richmond Medical Center, Cleveland, OH. His post residency training in Podiatric Surgery was done through the Ankle & Foot Medical Center in Boise, ID.

He had additional specialty training in wound care through the National Wound Care Center at the Cleveland Clinic in Cleveland, OH, as well as the VA Hospitals in Cleveland, OH, Denver, CA and Phoenix, AZ. He received further specialty training in Podiatric Trauma and Reconstruction through Precision Orthopedics in Cleveland, OH.

Examples of services provided by Dr. Swensen include:

- Reconstructive Surgery of the forefoot & rear foot
- Limb Preservation & Reconstruction
- Diabetic Foot Complications
- Diabetic Limb Salvage
- Advanced Wound Care

The alignment with Dr. Swensen is a continuation of our efforts to build a seamless integrated delivery system of multi-specialty physicians at Saint Alphonsus Regional Medical Center.
The DAISY Award is an international program that rewards and celebrates the extraordinary clinical skill and compassionate care given by nurses every day. Saint Alphonsus Regional Medical Center is proud to be a DAISY Award Partner, recognizing one of our nurses with this special honor every month.

Bradly Stubbs (Cardiac ICU)

"Bradly Stubbs showed above and beyond nursing care for a patient recently admitted to Saint Alphonsus and the family. Brad was working his normal 12 hour shift when the clinical coordinator informed our charge nurse Susan that a post code was being transferred via EMS from a rest stop just outside of Boise. There was a dilemma in that there were no RNs in the house to care for this patient. It was decided that Brad would go assist in the patients care and Susan would take his patient on the CICU. Bradly arrived to Cath Lab and instantly started CPR and administering ACLS medications. It was decided that patient needed to be transferred to CAT scan and the entire way down to CT scan Brad and other members of the Cath Lab team performed CPR. Unfortunately the patient did not survive and the patient was transferred to the CICU for post mortem care and for final decisions to be made by the wife.

Brad knew that the wife was in the waiting room and he wanted to check on her to see if she was okay. Once Brad discovered the wife was very distraught and tearful after learning of her husband's death, he sat with her and allowed her to cry and mourn her husband. It was mentioned in conversation between the wife and Brad that she did not know her way around Boise and EMS had picked them up at the rest area outside of town. She did not know how to get back to the rest area or even who to call, she was so distraught and in emotional distress at this time.

Brad went over and beyond when he clocked out and called a taxi company to pick up the wife. Brad rode in the taxi to the rest stop and picked up the belongings of the patient, which the EMS had left behind on the side of the road at the rest area. Once at the rest area, Brad and the wife drove back into Boise and he talked to her and calmed her down and listened to the wife's stories and memories of her deceased husband. Brad directed the wife to local hotel and helped assist her in getting a room to stay in and directions around Boise. He was able to comfort this woman in a time when she was extremely helpless, hopeless and in extreme emotional and mental anguish from her husband's sudden death two hours earlier. Brad gave her a sense of security and guidance during this time as well as compassion and true empathy.

After the wife was settled, Brad came back to the CICU, clocked back in and begun his work day again as if he did not just do an incredible act of kindness and went way above and beyond. Brad has character, integrity, strength and compassion, more than any other nurse I have ever known. He is truly a shining star and deserving of the Daisy award. Brad represents everything Saint Alphonsus stands for, he should be the poster child for our organization, all nursing and humanity in general, he's an exceptional person and nurse. He did this act purely on his own, he saw this woman's pain and he opened his heart, mind and soul to help someone in need at a time of despair. Brad is a deserving nurse of the daisy award and should be recognized for this act of kindness."

For more information, contact Nursing Satisfaction Coordinator Christin Doyle at 367-8666.

To nominate a nurse, you can go to www.saintalphonsus.org or pick up a nomination form located throughout the hospital.
Saint Alphonsus Presents Annual Distinguished Citizen Awards

Saint Alphonsus Regional Medical Center honors both an individual and an organization for continued leadership in improving the health of local communities.

On Wednesday, May 14th, Saint Alphonsus Regional Medical Center presented two awards for Distinguished Citizen of 2014. Ada County Paramedics was recognized as Distinguished Organizational Citizen, and local entrepreneur Winston Moore was recognized as Distinguished Individual Citizen during the annual event at Saint Alphonsus in Boise.

The Ada County Paramedics, recipients of the Distinguished Organizational Citizen Award, join the ranks of other small businesses, foundations, and corporations who have given substantial philanthropic support spanning several years - including gifts-in-kind, promotion of volunteerism, and community involvement efforts. Ada County Paramedics consistently display their commitment to improving the health of our communities, while also encouraging their own employees to give back. Saint Alphonsus is proud to work side-by-side with the Ada County Paramedics’ professionalism and continued excellence.

Winston Moore, as recipient of the Distinguished Individual Citizen Award, was honored for his leadership, vision, creativity, and philanthropy. Moore has dedicated countless hours to improving the health of the Treasure Valley through his work as a local business leader and celebrated philanthropist. As founder and owner of the W.H. Moore Company, Moore has served as a role model for generations of leaders who follow him, and has continued to show remarkable support for the ongoing mission of Saint Alphonsus Regional Medical Center.
WHAT IS HAPPENING?
Due to growth and expansion of the SAHS Boise phone network we are running out of 367-XXXX numbers. As it relates to Boise, all colleagues and anyone else dialing in house will direct dial others with the number 7+XXXX. For example if you are dialing the main hospital number ext. 2121, on September 5th you will dial 72121.

WHO IS AFFECTED?
Anyone who dials extension numbers in house. This could be a colleague, provider, or patient.

WHEN:
September 5, 2014

CONTACT:
For addition information email Chris Lenaghen at chrlena@sarmc.org.

PLEASE NOTE:
This does not affect EXTERNAL numbers! All external callers will continue to operate as normal. In addition, other RHMs will not be affected until a later date. Stay tuned for more information.
**Safety Hero Award**

**Nomination form read:** Ryan is a senior PT on the Acute Unit. He is always conscientious and thorough in caring for his patients. In the last month, Ryan has caught two charting concerns that could have either resulted in patient injury or delay of care. He spent the time to research each situation thoroughly, make the appropriate corrections to the patient’s care plan. He then went the extra mile to share his concerns in voice as well as in objective letters to his supervisor in hopes of making culture changes and improvements in our system.

Ryan’s concern for safety and attention to detail is a constant behavior. His patients are guaranteed safety at all times. His role modeling behavior of sharing his concerns and trying to improve systems and culture are the above and beyond activity that helps the hospital continually support a culture of safety.

Thank you Ryan for going above and beyond to keep our patients and staff safe, you are a Safety Hero!!!

If you would like to nominate a Safety Hero, please contact Ryan Lund, Patient Safety & Compliance, at 367-2816.

---

**Saint Alphonsus Awarded Three-Year Commission on Accreditation of Rehabilitation Facilities (CARF)**

CARF International has announced that Saint Alphonsus Regional Medical Center has been accredited for a period of three years for its Inpatient Rehabilitation for adults, children and adolescents; Brain Injury Specialty Program for adults, children and adolescents; and the Stroke Specialty Program for adults.

This accreditation decision represents the highest level of accreditation that can be awarded to an organization and shows the organization’s substantial conformance to the CARF standards. An organization receiving a three-year accreditation has put itself through a rigorous peer review process. It has demonstrated to a team of surveyors during an on-site visit its commitment to offering programs and services that are measurable, accountable, and of the highest quality.

The survey summary pointed out strengths in many areas. One such strength mentioned was that “SARMC has dedicated staff members committed to making the rehab unit one that the entire hospital will take pride in. This is most evident in their knowledgeable and reassuring manner when working with the persons served and their families. There is evidence of good teamwork and effective communication among team members. The staff members are seen to be engaged and committed to a successful, individually centered and crafted plan of care.”

CARF is an independent, nonprofit accrediting body whose mission is to promote the quality, value, and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of the persons served. Founded in 1966 as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF International, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services. For more information about the accreditation process, please visit the CARF website at [www.carf.org](http://www.carf.org).
Saint Alphonsus Medical Center – Ontario Named One of Nation’s Best for Low Pneumonia Readmission Rates

Becker’s Hospital Review and CMS recognize Ontario hospital for exceptionally low 30-day pneumonia readmission rate.

Saint Alphonsus Medical Center in Ontario has received commendation from the national health care industry publication Becker's Hospital Review and the Infection Control & Clinical Quality Review for achieving a low readmission rate of patients suffering from pneumonia. Saint Alphonsus Medical Center – Ontario was one of only 64 hospitals recognized for their low pneumonia readmission rate.

"We are dedicated to providing world class care right here in Ontario," said Karl Keeler, CEO of Saint Alphonsus Medical Center – Ontario. "We have excellent physicians and staff, and our low readmission rate is a testament to their tireless efforts in keeping the highest quality of care close to home for our patients."

The national average rate of 30-day readmission for pneumonia is 17.6%, according to the Centers for Medicare & Medicaid Services (CMS), while Saint Alphonsus Medical Center in Ontario measured at 14.9%.

Rates of pneumonia readmission, as highlighted in Becker's Hospital Review, focus on patients that were hospitalized with pneumonia symptoms within 30 days of being initially discharged from the hospital for the same illness. The Centers for Disease Control and Prevention (CDC) estimates that around 900,000 Americans contract pneumonia each year – and of those, 5-7% of cases are fatal.

Grant to Provide Local Care to Outlying Areas of Malheur County

MultiPlan award given to Saint Alphonsus will increase access to primary and preventative care for rural communities of Eastern Oregon.

Saint Alphonsus Medical Center in Ontario has been awarded a $7,500 grant to fund a new program that will increase access to care for residents of distant farming and ranching communities in Eastern Oregon. MultiPlan – the healthcare industry's most comprehensive provider of healthcare cost management solutions – awarded the grant to Saint Alphonsus to fund the Frontier Healthcare Access Project in Malheur County. The Frontier Healthcare Access Project addresses key barriers to care in the most rural and remote regions of the United States. According to the Oregon Department of Human Services, Malheur County has just 3.2 residents per square mile, and a 36% higher death rate from heart disease than the rest of Oregon.

"The people of Malheur County deserve to have equal access to care, no matter how far they are from Ontario," said Ken Hart, Vice President of Saint Alphonsus Medical Center - Ontario. "That’s why we are grateful to MultiPlan for allowing us to bring care closer to home for these rural communities. This grant helps us to provide rural areas with high quality health and wellness services from Saint Alphonsus, improving the health outcomes for countless residents in Malheur County."

The key barriers that will be addressed by the Frontier Healthcare Access Project include lack of transportation, high rates of underinsured and uninsured, difficulty navigating through the healthcare system, and a lack of access to primary and preventative care. To address each of these barriers, the Frontier Healthcare Access Project will provide select rural communities of Malheur County with:

- Providers and screeners with free medical tests and one-on-one consultations
- Nurse Navigators to make appointments and schedule follow-up exams
- Certified Oregon health insurance assisters to help residents enroll in Medicaid and take advantage of insurance subsidies
- A van service to transport residents from their communities to medical appointments in Ontario

The Frontier Healthcare Access Project for Malheur County will be operational by the end of 2014.
Komen and the National Breast Cancer Foundation to provide financial support for one of the most under-screened populations in the U.S. for breast cancer

New grants from the National Breast Cancer Foundation (NBCF) and Komen are offering qualified Ontario-area women with financial assistance to receive mammograms through Saint Alphonsus Medical Center – Ontario and the Saint Alphonsus Mobile Mammography Unit. The grants, lasting until December 31, allow Saint Alphonsus Breast Care Centers to provide potentially life-saving early detection services and nurse navigators for women who face financial hardship in Eastern Oregon and beyond.

According to the NBCF, the Southwest Idaho/Eastern Oregon area ranks amongst the lowest in the nation for women aged 40 and older who have received a mammogram in the last two years. Additionally, one in eight women risk developing breast cancer at some point in their lives, making mammograms an essential part of early detection and successful treatment.

"Financial challenges should never be the reason for not getting a mammogram, but for many it can be,” said Jackie Babb, Operations Director for the Saint Alphonsus Breast Care Centers of Excellence. “We want local women to know that support is available, and that being proactive by getting screened could save their life. Thanks to Komen, National Breast Cancer Foundation, and our generous local supporters, we can beat the odds of being one of the lowest-screened areas in the nation.”

Women looking to receive financial assistance for a mammogram must meet certain requirements, including:

- Uninsured (no medical insurance) or under-insured (exceedingly high co-pay)
- Limited income guidelines as determined by federal poverty line and Saint Alphonsus
- Women aged 40 and older

Women that meet these requirements can schedule a mammogram from now until December 31 (slots are limited) by calling (208) 367-8787, or toll-free at (877) 397-8787.
Welcome
New Medical Staff & Saint Alphonsus Medical Group Providers
June/July 2014

Patrick Farrell, MD
Saint Alphonsus Medical Center –
Boise Pain Management
1055 N. Curtis Rd., 6th Floor, South Tower
Boise, ID 83706
(208) 367-4343

Gregory Wilson, DO
St. Luke’s Clinics –
Rheumatology
520 S. Eagle Rd., Ste. 3211
Meridian, ID 83642
(208) 706-5900

Scott Freeman, DMD
6563 Emerald St.
Boise, ID 83704
(208) 377-2150

Molly Olsen, DO
Idaho Emergency Physicians
2963 E. Copper Point Dr.
Meridian, ID 83642
(208) 322-1730

Allied Providers

Kimberly Allard, CNM
Saint Alphonsus Medical Group –
Eagle Health Plaza
323 E. Riverside Dr., Ste. 224
Eagle, ID 83636
(208) 367-5750

Stephanie Dalton, PA
Spine Institute of Idaho
360 E. Montvue Dr., Ste. 100
Meridian, ID 83642
(208) 855-2900

Craig Smith, MD
Saint Alphonsus Medical Group –
Sports Medicine
901 N. Curtis Rd., Ste. 501
Boise, ID 83706
(208) 367-5080

Christie Flynn, PA-C
Saint Alphonsus – Express Care
1227 S. McMillan
Boise, ID 83715
(208) 367-7393

Byron Vance, MD
Boise Naturopathic Medicine, PC
2524 N. Stokesberry
Meridian, ID 83646
(208) 377-7733

Kathleen Fossen, PA-C
Saint Alphonsus Regional Medical Center
901 N. Curtis Rd., Ste. 200
Boise, ID 83706
(208) 578-5080

Michael Wheaton, MD
Saint Alphonsus Medical Group –
Nampa Health Plaza
1200 Garrity Blvd.
Nampa, ID 83687
(208) 466-9092

Amos Haley, NP-C
Saint Alphonsus Medical Group –
Hip & Knee Reconstruction
901 N. Curtis Rd.
Boise, ID 83706
(208) 367-5080

Victoria Wilding, MD
Saint Alphonsus Medical Group
1055 N. Curtis Rd, South Tower, 6th Floor
Boise, ID 83706
(208) 367-4343

Michael McComb, PA-C
Saint Alphonsus Medical Group –
General Surgery
401 E. Hawaii Ave.
Nampa, ID 83686
(208) 465-6940

Eva Louise Michels, NP-C
Saint Alphonsus Medical Center –
Baker City
3325 Pocahontas Rd.
Baker City, OR 97814
(541) 527-1797

Shirley Van Zandt, NP-C
Saint Alphonsus Medical Group –
Meridian Health Plaza
3025 W. Cherry Ln., Ste. 204
Meridian, ID 83642
(208) 367-8637

Saint Alphonsus Communications Department
Linda Payne Smith, VP of Marketing & Community Development
Brad Hoaglin, Directors of Public Relations & Communications
Jennifer Krajnik, Editor & Communications Specialist
Laura Huggins, Baker City Executive Director of the Foundation/Marketing Communications Specialist
Leanna Bentz, Ontario Foundation/Marketing Communications Specialist
Trish Usabel-Grohs, Nampa Marketing & Communications Specialist

The Physician Focus newsletter is published bi-monthly by the Communications Department for Medical Staff members. The submission deadline for the August/September issue is noon on Thursday, August 21. E-mail article submissions to jennkraj@sarmc.org. For additional information call Jennifer at (208) 367-6762.